

KURZ GEFASST

Wurzelextrakt des Vielblütigen Knöterichs mit Anti-Aging-Effekt

Plants, doi: 10.3390/plants7030060

SCHWERPUNKT

Ernährung in kraftbetonten Sportarten

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Zukunftsfähige Ernährungsbildung in einer globalisierten Esswelt

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EXTRA

Vitamin D und Leistungsfähigkeit

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Weiterführende Informationen:

Leitsätze des Deutschen Lebensmittelbuchs für Tee, teeähnliche Erzeugnisse, deren Extrakte und Zubereitungen. www.bmel.de/SharedDocs/Downloads/Ernaehrung/Lebensmittelbuch/LeitsaetzeTee.pdf

Berichte zur Lebensmittelsicherheit – Monitoring. www.bvl.bund.de/monitoring

Nationale Berichterstattung Pflanzenschutzmittelrückstände in Lebensmitteln. www.bvl.bund.de/nbpsm

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