

KURZ GEFASST

Folsäure-Prophylaxe: Die meisten Kinder werden im Winter gezeugt

Statistisches Bundesamt: Geburten in Deutschland 2012. Broschüre (2012)

Bundesinstitut für Bevölkerungsforschung: Werden an Weihnachten die meisten Kinder gezeugt?; abgerufen am 18.09.2014

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Kein Frühstück wegen morgendlichem Stress

Internationale Befragung

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Macht Essen süchtig? – Essen als Droge

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EXTRA

Essstörungen bei Diabetes mellitus Risiken und Folgen für die Patienten

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Zu salzig, zu süß, zu fett

EU-Studie SALUX untersucht Fertiglebensmittel auf ihren Gehalt an Geschmacksträgern

SALUX, Mitteilung der Universität Hohenheim; <http://www.salux-project.eu/de>

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TRENDSCOUT LEBENSMITTEL

Betriebsverpflegung – gesund und nachhaltig

- 5 am Tag e. V.: www.frucht-arbeitsplatz.de, abgerufen am 27.10.2014
- Deutscher Hotel- und Gaststättenverband e. V. (Dehoga) (Hrsg.): Gemeinschaftsgastronomie in Deutschland. Berlin (2012)
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